

# At the Farm

## Getting here:

The trip to the farm takes about 45 minutes from downtown Kansas City, about 30 minutes from Liberty. Please give yourself enough time so that you don't have to rush & you arrive at the farm before 8 am. We have a safety talk and review the morning's work plan promptly at 8am.

There is a map to the farm on the website [www.fairsharefarm/contact](http://www.fairsharefarm/contact).

Go to [https://www.facebook.com/groups/fairsharefarmcsa/?ref=br\\_tf](https://www.facebook.com/groups/fairsharefarmcsa/?ref=br_tf) to coordinate carpooling with your fellow members. This is a closed group that can only be viewed by members.

Members who are working on a Saturday are asked to bring their roomiest vehicle in order to transport the veggies to Liberty distribution. Produce crates can be a bit wet, so bring something to protect your car if you'd like.

## What to wear:

Durable clothing that you don't mind getting dirty is a must. Bring a change of clothes, in case we get caught in the rain. Harvesting for the CSA continues rain or shine, except in cases of dangerous weather.

Sturdy, comfortable shoes make farm work much more pleasant. The grass is often wet in the morning, so boots are a good idea.

Protect yourself from the sun. Wear breathable clothing, a hat, and bring sunscreen.

If it is chilly, dress in many layers so that you can adjust with the weather. The temperature change between 8 am and noon is often 30 degrees. If it is cold, bring gloves.

## Rain:

Because members are counting on getting their shares later in the day, harvesting must continue rain or shine. Of course, electrical storms, tornadoes, etc. are the exception. Please prepare for exposure to rain and wet ground if the weather is not dry.

Bring a warm jacket, if it is cool. Weather at the farm can be different than Kansas City.

## Insects:

If you use repellents in your relationship with the insects, you will need them at the farm. Populations vary with the season and the weather.

Ticks live on our farm, mainly in tall grass and under trees. We are not usually in these areas during our fieldwork. If you do enter brushy areas while at the farm, it's a good idea to shower and have someone help you inspect those hard-to-see areas when you get home.

## Water:

Drinking water is available in the packing area. Bring a personal water container of your choice, filled with ice if you like.

## Food:

Farm work is scheduled to start after your breakfast at home, & be completed at noon mealtime. Pack a lunch and join the farmers and other members for a picnic meal after work is completed if you'd like.

Bring any snacks you might want or need to maintain your energy while working.

## Children:

Children are welcome at the farm under the supervision of their parents or an appointed substitute. Some families may want to bring an extra adult or teenager to watch young ones.

The farm has its share of rusty, sharp objects and thorny weeds that can be stepped on unknowingly. Therefore, shoes must be worn at all times on the farm.

We want the farm to be a safe, friendly, and fun place for kids. If you have any interest in helping make the farm more kid-friendly, let us know.